



Member Menu

A referral group of 22 trusted professionals in the Twin Cities.
One seat per profession. Every name here is vouched for.

We meet every Thursday, 8:30 - 10:00 AM

The Insperity Office · 3600 American Blvd W, Bloomington, MN

HOW THE HOUR RUNS

8:30	Open networking	9:15	Weekly presenter
8:45	Welcome	9:35	Hot seat
8:50	Connection requests	9:45	Wins
9:05	Commercials	9:55	Announcements & closing

Want to visit? Register at the website and come see a meeting.



Kamden Nute
BLKSHEEP

kam@blksheepco.com
(952) 237-4424

Helps founders and small business owners turn LinkedIn into a lead source, with brand photography, ghostwriting, and a content plan they can actually keep up with.



AJ Knollmaier
INSPERITY

aj.knollmaier@insperity.com
(612) 747-3202

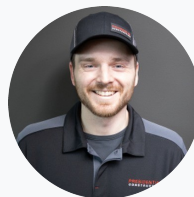
Works with small and mid-sized companies that are tired of running HR alone — payroll, benefits, compliance, and hiring handled so owners can get back to the business.



Aaron Kudrle
KATAPULT NETWORK

aaron.kudrle@katapultnetwork.com
(612) 759-1261

Places recent college grads in their first real job and helps employers build a pipeline of early-career talent worth keeping.



Aaron Longtin
PRESIDENTIAL CONSTRUCTION

aml@presidentialconstructioninc.com
(320) 309-6486

Handles roofing, siding, windows, and gutters for homeowners, property managers, and commercial owners across the metro, including storm and insurance claim work.



Adrienne Castrovinci
HEALTHY LIVING CHIROPRACTIC

dradrienne@healthylivingchiropractic.com
(612) 382-5587

Cares for families in the southwest metro with chiropractic adjustments, functional nutrition testing, massage, and orthotics aimed at the cause, not just the ache.



Andy Culver
THE SERVICE AGENCY

andyc@theserviceagency.com
(651) 247-7596

Independent agent writing auto, home, farm, business, and contractor coverage for families and small businesses on both sides of the Minnesota-Wisconsin line.



Brianna Pyka
BRANDRAISE

brianna@brandraise.co
(612) 834-7461

Helps nonprofits say what they actually do and raise money from it, pairing brand strategy with major-gift fundraising that's built on relationships.



Caroline McKee
ATWORK

cmckee@atwork.com
(651) 653-6384

Connects employers with temp, temp-to-hire, and direct-hire talent — and helps job seekers land the right fit instead of just the next opening.



Dan Lick
CENTENNIAL AUTO & GLASS

dan@centennialglass.biz
(612) 423-2200

Fixes chips, replaces windshields, and recalibrates safety sensors for Minnesota drivers, with shops in Blaine and Burnsville.



Dash Leander
ALACRITY INSURANCE PARTNERS

dash@alacrityip.com
(952) 465-7187

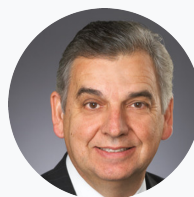
Builds auto, home, and renters coverage around real estate closings, so loan officers and agents can hand clients insurance that's already sorted before they move in.



Emma McIntire
SPECTRUM INTERIORS

emma@spectruminteriors.us.com
(651) 285-0116

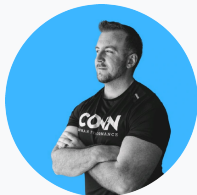
Designs and builds out commercial interiors for offices and firms that want one point of contact from first sketch through final walkthrough.



Frank Sherwood
CBRE

frank.sherwood@cbre.com
(612) 978-4165

Advises companies, investors, and property owners on commercial real estate — leasing, buying, and making sure the space fits where the business is headed.



Garrett Conn
**CONN HUMAN
PERFORMANCE**

connhumanperformance@gmail.com
(320) 583-3746

Coaches working professionals in their 30s, 40s, and 50s back into shape with athlete-style training, drawing on time with the Timberwolves and Vikings performance staff.



Iliana Luebbert
NEW YORK LIFE

ijluebbert@ft.newyorklife.com
(612) 387-2811

Sits down with Twin Cities individuals and families to sort out life insurance and a financial plan that holds up when life changes.



Jack Cady
SOHEI CREATIVE

jack@soheicreative.com
(763) 200-5091

Makes photo and video content that brands can actually post — built to bring in leads and put the people behind the business out front.



Jason Birr
BRAND INK

jbirr@brandink.com
(612) 554-9058

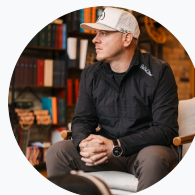
Designs, prints, and installs vehicle wraps, signage, and large-format graphics for businesses that want to be recognized on the road and at the door.



Jason Halliday
ALL SEASON MORTGAGE

jhalliday@allseasonmortgage.com
(612) 224-0787

Guides homebuyers and homeowners through purchase and refinance loans across Minnesota and five other states, as a broker rather than a call center.



Jordan McKittrick
**JTM SOURCING AND BE
THE CLUB**

jordan@jtmsoucing.com
(507) 251-1746

Builds branded apparel and company store programs that make money instead of sitting in a closet — plus his own golf lifestyle brand, Be the Club.



Lauren Key
LANA ENVIRONMENTAL

lauren@lanaenv.com
(612) 541-3530

Handles asbestos, lead, and mold inspection and abatement for restoration contractors, insurers, and property owners who need a site made safe and documented.



Lee Syndergaard
MR. SPRING GARAGE
DOORS

lsyndergaard@callmrspring.com
(952) 807-1318

Installs, repairs, and maintains garage doors for homeowners and businesses metro-wide — including the 2 a.m. "it won't close" calls.



Luke Melin
THE LEO AGENCY

lukemelinrealtor@gmail.com
(612) 910-6431

Represents buyers and sellers across the south metro, with a discounted listing rate and commission rebates that keep more money with his clients.



Tom Van Delist
GIRARD'S BUSINESS
SOLUTIONS, INC.

tom.vandelist@gmail.com
(612) 325-7275

Automates the tedious stuff for businesses — AP/AR and document workflows, payment kiosks, and service robots that handle delivery, cleaning, and heavy lifting.